

ELIZABETH COURT

Memory Care



The Retirement Community

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www.CottinghamRetirementCommunity.com

 [Facebook.com/CottinghamRetirement](https://www.facebook.com/CottinghamRetirement)

Elizabeth Court is the residential alternative for people with early Alzheimer's disease and related dementia. Early-stage memory-impaired individuals can live a fulfilling life with support geared specifically to their needs. Elizabeth Court offers an intimate, self-contained setting promoting greater socialization and companionship. Our friendly staff is specifically trained to meet the needs of every resident.



Studio Apartment

A relaxed setting and comfortable apartment that will allow you to surround your loved one with past memories and to make new ones.

Your monthly rate includes:

Utilities, phone, cable TV, weekly housekeeping, three meals daily, assistance with dressing, bathing, medications, daily bed-making services, around-the-clock room checks, assistance to and from dining room and activities.

Elizabeth Court Features:

- 11 private studio apartments personalized with each resident's own familiar furnishings and mementos.
- A dining room just for Elizabeth Court residents.
- Private landscaped courtyard with conversation areas.
- Comfortable lounge for relaxing and socializing.
- Enriching activities designed to promote socialization and maximize capabilities.
- Outing to parks, cultural events, and shopping malls.
- Participation in daily homemaking and personal care (with assistance).
- Family support and education.
- Secured unit.
- Supervision of all medications.
- In-house transport service.
- Weekly linen & towel provision.
- Special diet plans supervised by Registered Dietician.



Studio

